

May is Mental Health Awareness month! Several events will be taking place in our area and I encourage all of you to attend. Our Center theme this year is "Coming together and building community support." On May 12, we are hosting several speakers and a lunch at Central Square. I am so hoping to see many new and also familiar faces. Vikingland CSP is hosting a "Mental Health Walk" on May 19th. On May 23rd, Region IV is presenting an event with keynote speaker Kevin Hines.

Please take note that the Center will be closed on May 5th and 29th.

"I enjoy coming to the Drop In Center because I get more social skills coming here. IT's Fintastic! Haha" Finn

## Important Events and Meetings

Contact: 125 Minnesota Ave. East Glenwood, MN 56334 (320) 634-0888 Melanie Hanson, Program Coordinator mhanson@solutionsinpractice.org

Drop-In Center Hours:

10:00 a.m.-3:00 p.m. Weekdays except Wednesdays. Western Prairie LAC will be meeting will be on May 16th at 11:00. This will be held at Western Prairie Human Services building in Glenwood. Zoom option is available.

Please check out our Facebook page and website www.communitypartnersdropincenter.org. Any changes to the schedule will be posted on these sites. Please join us for "coffee talk" on Tuesday mornings where we socialize and share concerns, victories and treats.

We continue to have Bingo with prizes on Mondays, depending on attendance. ASL classes will be on May 11th and 25th. Pizza party will on May 26th.

Movie day will be on 19th. Please let me know if there are any films you would like to see.

