



Drop-in Center News

It's Mental Health Month! We are planning to shine a spotlight to reduce stigma and promote acceptance of mental illness. I want to thank all of you who contribute and participate in Center activities. On May 13, we are sponsoring a panel discussion of local mental health providers. This group of speakers will provide information of the services they provide to our community and address the changes their organizations have experienced during and after the pandemic. Learning to re-engage continues to be problematic for many. This is an opportunity to gain insight, understanding and support in the challenges we face. Lunch will be provided.

Important Events and Meetings

Drop-In Center
Hours:

10:00 a.m.-3:00
p.m. Weekdays
except
Wednesdays.

Contact:
125 Minnesota Ave.
East
Glenwood, MN
56334
(320) 634-0888
Melanie Hanson,
Program
Coordinator

The Pope County LAC will be meeting on May 5 at the courthouse from 9:30 a.m. - 10:30 a.m.

- The Drop-In Center will be closed at this time.

The Drop-In Center will be sponsoring a panel discussion on May 13 at the courthouse 11-2. The Center will be open after the event.

A Mental Health walk will be taking place in Alexandria on May 20, sponsored by Vikingland CSP.

Please refer to the calendar for all groups and activities. We continue to meet Tuesdays for "coffee talk". Craft group is on Mondays and a video/discussion group on Thursdays. A lunch is provided every other Friday for socialization and community connection. If you would like to attend but experience issues with transportation, please contact me. Any and all ideas for activities and groups are welcome.

